LIFE HEALTHCARE GROUP HOLDINGS LIMITED (Incorporated in the Republic of South Africa)

(Registration number: 2003/002733/06)

ISIN: ZAE000145892 Share Code: LHC

("Life" or "the Company")

NO CHANGE STATEMENT AND NOTICE OF ANNUAL GENERAL MEETING

No change statement

Shareholders are advised that the consolidated condensed financial results contained in the notice of annual general meeting and abridged shareholder report will be distributed to shareholders on Thursday, 20 December 2012 and contain no modifications to the audited results which were published on SENS on Friday, 16 November 2012. The integrated annual report and the audited financial statements will be available on the Life Healthcare website at www.lifehealthcare.co.za on Thursday, 20 December 2012.

Notice of the annual general meeting

Notice is hereby given that the annual general meeting of the Company will be held at The Wanderers Club, 21 North Street, Illovo, Johannesburg on Thursday, 31 January 2013 at 15h30 to transact the business as stated in the annual general meeting notice (including resolutions seeking a specific authority to issue shares for cash and the approval of Life's new Memorandum of Incorporation) forming part of the consolidated condensed financial results and abridged shareholder report.

Salient dates

The notice of the Company's annual general meeting has been sent to its shareholders who were recorded as such in the Company's securities register on 7 December 2012 being the notice record date set by the Board of the Company used to determine which shareholders are entitled to receive notice of the annual general meeting.

Salient dates

Record date to determine which shareholders are 7 December 2012 entitled to receive the notice of annual general meeting

Last day to trade in order to be eligible to attend 18 January 2013 and vote at the annual general meeting

Record date to determine which shareholders are 25 January 2013 entitled to attend and vote at the annual general meeting

Forms of proxy for the annual general meeting to be 29 January 2013 lodged by*

*any proxies not lodged by this time may be handed to the chairperson of the annual general meeting immediately prior to the

appointed proxy exercising any of the shareholder rights at the annual general meeting.

Illovo 20 December 2012

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)