

LIFE HEALTHCARE GROUP HOLDINGS LIMITED
(Incorporated in the Republic of South Africa)
(Registration number: 2003/002733/06)
ISIN: ZAE000145892
Share Code: LHC
("the Company")

NO CHANGE STATEMENT AND NOTICE OF ANNUAL GENERAL MEETING

No change statement

Shareholders are advised that the consolidated condensed financial results contained in the notice of annual general meeting will be distributed to shareholders on Friday, 13 December 2013 and contain no modifications to the audited results which were published on SENS on Thursday, 14 November 2013. The integrated annual report and the audited financial statements will be available on the Life Healthcare website at www.lifehealthcare.co.za on Friday, 13 December 2013.

Notice of the annual general meeting

Notice is hereby given that the annual general meeting of the Company will be held at Life Healthcare's offices in the St George's meeting room, Oxford Manor, 21 Chaplin Road, Illovo, Johannesburg on Thursday, 30 January 2014 at 15h30 to transact the business as stated in the annual general meeting notice.

Salient dates

The notice of the Company's annual general meeting has been sent to its shareholders who were recorded as such in the Company's securities register on Friday, 6 December 2013 being the notice record date set by the Board of the Company used to determine which shareholders are entitled to receive notice of the annual general meeting.

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| Salient dates | |
| | 2013 |
| Record date to determine which shareholders are entitled to receive the notice of annual general meeting | Friday, 6 December |
| | 2014 |
| Last day to trade in order to be eligible to attend and vote at the annual general meeting | Friday, 17 January |
| Record date to determine which shareholders are entitled to attend and vote at the annual general meeting | Friday, 24 January |
| Forms of proxy for the annual general meeting to be lodged by 15h30* | Tuesday, 28 January |

*any proxies not lodged by this time may be handed to the chairperson of the annual general meeting immediately prior to the appointed proxy exercising any of the shareholder rights at the annual general meeting.

Illovo
13 December 2013

Sponsor
RAND MERCHANT BANK (A division of FirstRand Bank Limited)